Across
1. A little bit, maybe 4,2
3. Helps someone else to do a job
4. Between 40 and 60 years old 6,4
9. The person in charge
11. The way you look
12. Lots of muscles
13. A man hired to protect a place 8,5
15. The form of a person's body
16. Healthy and strong body
17. Between curly and straight hair
18. Normal height
20. Nervous and quiet around other people

Down
2. easy to recognize, seen before
5. Pretty and beautiful
6. Say what someone is like
7. Indoor place to do sports
8. Outside meal
10. Opposite of tall
14. Older peoples hair goes ____
19. Man, informal