

# Reading 17: The Secrets to a Long Life

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D O G N X S N M V I T A M I N D K L A D G X O G B  
V H B R C O N T R O L B S F U F Y Q L F C L S G D  
F D E P E N D O N C B R E A T H Z I S L Y F G P U  
O S F R I O S X X E J L R S F I F U N M Q Z K F X  
L K H E F O T Z V J Z I V Z X N H D I K P V N V V  
L X M L C H F F Y H V F I I O P V L N X P Z S Z J  
O N V A P F I U H F H T T D D A E D S N L Q K G I  
W D M X W U F O D B B W A G K S O V T L T R K D N  
O F X T C B Z Y Z J R E F U H T H N E G K J P K R  
L P Y R T W L M T E B I V J R J H W A V P E W K D  
C H A A P N U L P Z T G E G I M Z A D J N B Y E E  
H W X D L E S S L D M H Y N J A D B O Y X O O R S  
O U H R O A K W T B Z T E P M L H E V H J K O U Z  
I B R E L A T I V E F S E U R F T Y M K P A A L I  
C U K W A S C T A B Y I X P G K H A W M H T C E U  
E L G D H D B S H O R T E R K N A E J G Z I T S W  
S J U N K L N Y D O Y D Z Y G V G F C V P P P Q X

depend on	control	past	relative	vitamin
junk	breath	lift weights	follow	rules
shorter	choices	instead	less	relax
fun				