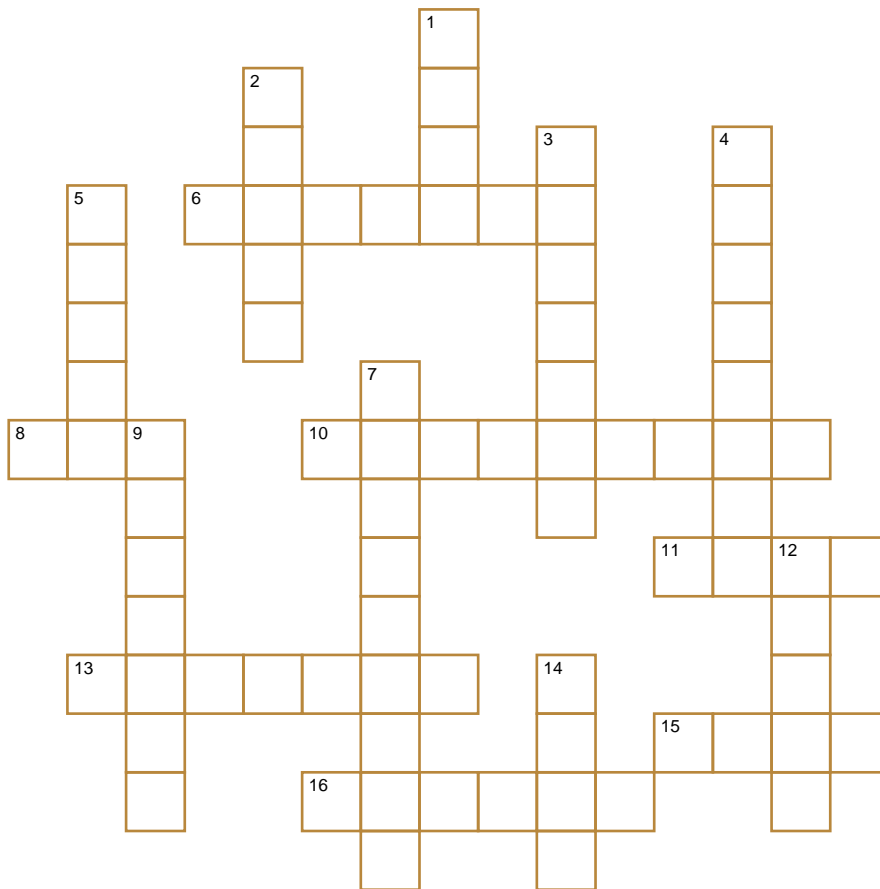


Reading 20: Weight Lifting

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Across

- 6. To bring air in and out of you lungs (v)
- 8. Indoor place for sports and exercise (n)
- 10. Not safe (adj)
- 11. Take a break
- 13. Faint, suddenly go to sleep 4,3 (v)
- 15. Arrive on the ground (v)
- 16. Usual, normal (adj)

Down

- 1. Damage yourself (v)
- 2. Less good than (adv)
- 3. Return to a normal state
- 4. Measure this to find out how fast blood is moving around your body (n)
- 5. Opposite to light weight (adj)
- 7. Drop 4,3,2 (v)
- 9. Did something incorrect (n)
- 12. Move from side to side (v)
- 14. Get bigger (v)