



### Across

- 2. Moving your body to keep fit (v)
- 4. The healthiest kind of cooking (adj)
- 6. Midday meal (n)
- 8. Feel new again (adj)
- 10. Calm feeling, not nervous (adj)
- 11. You move a lot in sports like this (adj)
- 14. less than sometimes
- 18. Not late (adj)
- 19. One time
- 20. low quality food (adj)

### Down

- 1. New vegetables (adj)
- 3. A regular trip to work or school (n or v)
- 5. How many points you get (n)
- 7. Very, very bad (adj)
- 9. Keep away from it (v)
- 12. Two times a week or month (adv)
- 13. Small food between meals (n)
- 15. Sweets (n)
- 16. You might do this when tired (v)
- 17. Keep fit place (n)