Across

3. _____ something in your hand (v) [HOLD]
5. Lots [MANY]
6. Be _______ are you will break it (adj) [CAREFUL]
9. Do something with it (v) [USE]
10. Teacher in the gym (n) [TRAINER]
11. Feel pain (v) [HURT]
13. Begin something (v) [START]
14. Seafood ((n) [FISH]

Down

1. ________
2. ________
4. ________
7. ________
8. ________
12. ________

Across

3. _____ something in your hand (v) [HOLD]
5. Lots [MANY]
6. Be _______ are you will break it (adj) [CAREFUL]
9. Do something with it (v) [USE]
10. Teacher in the gym (n) [TRAINER]
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14. Seafood ((n) [FISH]

Down

1. ________
2. ________
4. ________
7. ________
8. ________
12. ________
Across

3. Your doctor may give you this (n) [MEDICINE]
5. Using weights to make your body stronger (v) [BODYBUILDING]
6. Heavy things you put on a bar (n) [WEIGHTS]
9. Beef, pork, chicken etc.(n) [MEET]
10. Pick it up (v) [LIFT]
11. Opposite of pull (v) [PUSH]
14. Use your brain (v) [THINK]

Down

1. Your doctor may give you this (n) [MEDICINE]
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