

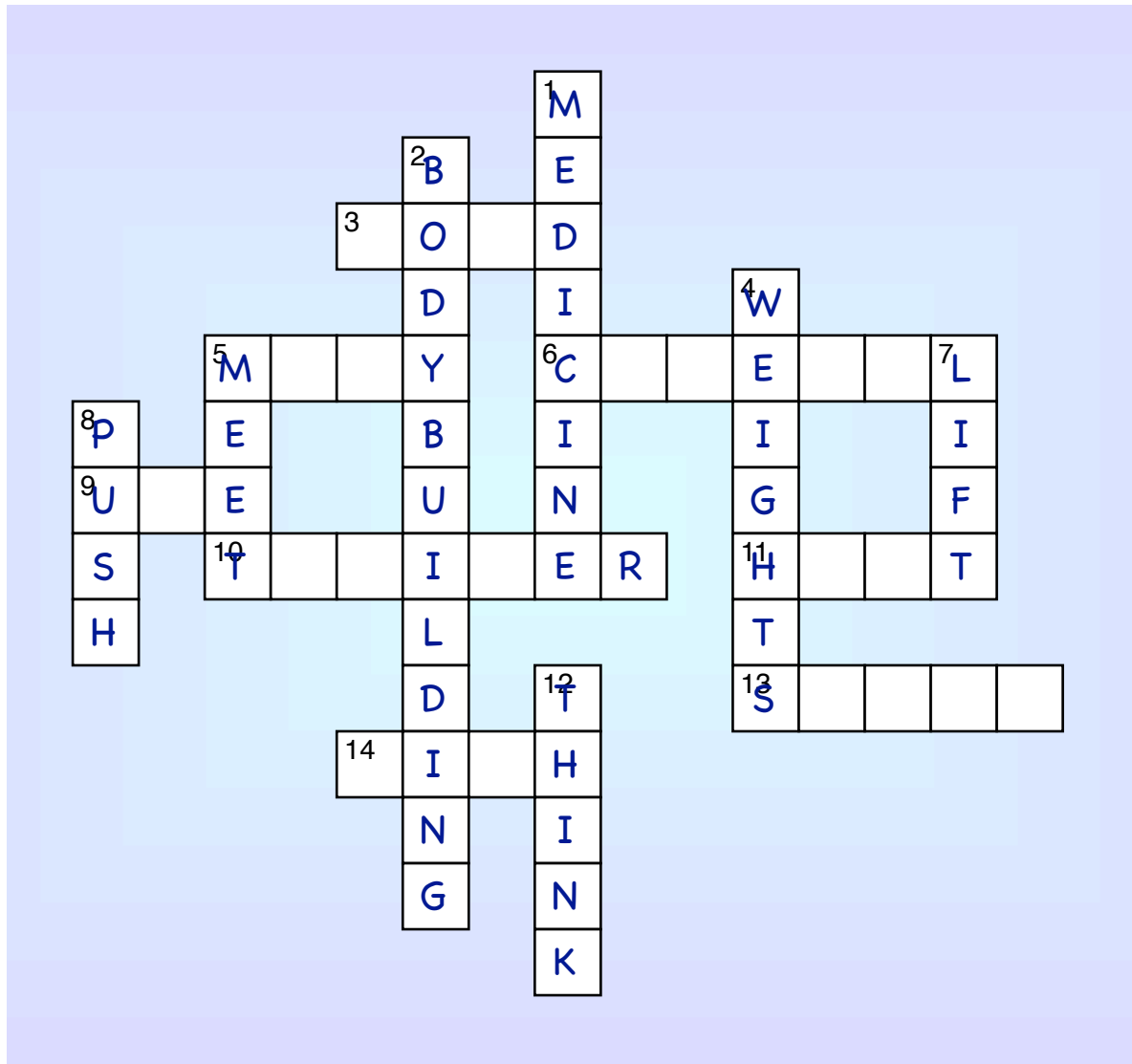


Across

- 3. _____ something in your hand (v)
[HOLD]
- 5. Lots [MANY]
- 6. Be _____ are you will break it (adj)
[CAREFUL]
- 9. Do something with it (v) [USE]
- 10. Teacher in the gym (n) [TRAINER]
- 11. Feel pain (v) [HURT]
- 13. Begin something (v) [START]
- 14. Seafood ((n) [FISH]

Down

- 1.
- 2.
- 4.
- 5.
- 7.
- 8.
- 12.



Across

- 3.
- 5.
- 6.
- 9.
- 10.
- 11.
- 13.
- 14.

Down

- 1. Your doctor may give you this (n) [MEDICINE]
- 2. Using weights to make your body stronger (v) [BODYBUILDING]
- 4. Heavy things you put on a bar (n) [WEIGHTS]
- 5. Beef, pork, chicken etc.(n) [MEET]
- 7. Pick it up (v) [LIFT]
- 8. Opposite of pull (v) [PUSH]
- 12. Use your brain (v) [THINK]